

ABSTRACT OF THE DISCLOSURE

The image of an object to be monitored is captured periodically by a digital camera. A monitoring computer is accessed from a mobile telephone, whereupon  
5 still-image data representing the latest image captured by the digital camera is stored in the monitoring computer. The still-image data is subjected to a data conversion so as to be displayable by a display device of the mobile telephone. The still-image data that has  
10 undergone the data conversion is transmitted from the monitoring computer to the mobile telephone.